



Iron is key for you and
your babies health



Irogen

Iron Bisglycinate 18mg + L-Methyl Folate 160mcg

- Iron is essential for formation of red blood cells, because of its central role in the hemoglobin molecule.
- Conventional iron forms are poorly absorbed causing GI side effects including nausea, vomiting, constipation, diarrhea, and dark-colored stools.
- Iron Bisglycinate is superiorly absorbed in GI tract, thus preventing the typical GI side effects.*
- L-Methyl Folate is the active form of folic acid which is needed to form healthy cells, especially red blood cells.
- L-Methyl Folate is used to treat or prevent low folate levels, which can lead to certain types of anemia.

**Throne Research- thorne.com/Products/Minerals/prd~M226.jsp*

Low dose of Irogen (Ferrous bisglycinate) is as effective as high dose of ferrous sulfate in the prophylaxis of iron deficiency and anemia during pregnancy.

Low dose of ferrous bisglycinate (Irogen) 25mg may be equivalent to a higher dose of ferrous sulfate 50mg with regard to hematological and iron status when used by expectant women.

J Perinat Med. 2014 Mar 1;42(2):197-206. doi: 10.1515/jpm-2013-0153.

Dosage:

1-2 tablets of Irogen daily.

Children (1-2 years):

1 teaspoonful twice daily

Children (3-12 years):

1 teaspoonful 2-3 times daily

Adults:

2 teaspoonful twice daily

A product of

GENUS  CARE

Karachi



Irogen Syrup is available in
Tasty Chocolate Flavour